

CEDARS GRILL

La Carte

STARTERS

BUTTERNUT SQUASH SOUP & CHUTNEY (V) €9

CEDARS GRILL ROOM SALAD €11

GRILLED WINTER VEGETABLES, BALSAMIC, SHAVED PARMESAN & A POACHED EGG

CRISPY DONEGAL PORK BELLY €12

3 WINTER CHUTNEYS & LEMON SOUR CREAM

LEMON AND THYME MARINATED CORN FED CHICKEN €13/€22 MAIN

LAMBS LETTUCE, POTATO & BACON DRESSING, WALNUTS & CUMBERLAND SAUCE

HOME SMOKED LOUGH ESKE SALMON €16

FENNEL PURÉE, GLAZED BEETROOT & SHIZO CRESS



CHAR GRILL SELECTION

ALL OUR MEATS ARE OF IRISH ORIGIN & GRILLED ON OUR CHAR GRILL GIVING THEM A UNIQUE SMOKY FLAVOUR & SEALING-IN THEIR INTENSIVE TASTE

IRISH SIRLOIN, GRASS FED, FROM CATTLE UNDER 30 MONTHS

8OZ - €24

IRISH FILLET, GRASS FED, FROM CATTLE UNDER 30 MONTHS

7OZ - €33

GLIN VALLEY, DONEGAL CHICKEN BREAST

8OZ - €19

AS A SUPPLEMENT TO THE ABOVE DISHES:

SLICE OF PAN FRIED FOIE GRAS €6 - 3 GRILLED PRAWNS €5

SEAFOOD

ATLANTIC COD €24

CREAMY GARLIC POTATOES, SAUTÉED SPINACH, CAPERS, WALNUTS & LEMON

INVER BAY SEA TROUT €24

COLCANNON, FRIED HERBS, BUTTERFLY PRAWNS & BASIL OIL



MAIN SALAD

GRILLED CHICKEN BREAST SALAD OR FILLET STEAK SALAD €26

SEASONAL SALAD, TOASTED SEEDS, PEPPERS & GOATS CHEESE



OTHER MAIN DISHES

SILVER HILL DUCK €24

ROASTED BREAST &, CONFIT LEG, SOUR CABBAGE & MULLED WINE REDUCTION

BRAISED DONEGAL BEEF €24

SHOULDER OF BEEF, CRUSHED BABY POTATOES & PUMPKIN, FRESH HORSERADISH & ONION MASH



VEGETARIAN

WINTER VEGETABLE STIR FRY €19

PUMPKIN, SPINACH, CHESTNUT, GOATS CHEESE, BABY SWEET CORN & GREEN ASPARAGUS



SIDE ORDERS €4.50

MASH POTATOES - FRENCH FRIES WITH PARMESAN - TRIPLE COOKED CHIPS - SEASONAL VEGETABLES - BABY BOILED POTATOES - GRILLED MUSHROOMS - MINI GRILL ROOM SALAD - FRENCH FRIED ONION RINGS - GRILLED VEGETABLES

LOUGH **eske** CASTLE
A SOLÍS HOTEL & SPA

SOLIS LOUGH ESKE CASTLE IS PLEASED TO INFORM ITS PATRONS THAT CEDARS GRILL IS NOW OPEN FOR SUNDAY LUNCHES WITH A SUNDAY LUNCH 3 COURSE MEAL AT €25